

TheSSoni

home Zürich

fitnessLOFT

Efficient Training With Know-How

Our brand new fitness equipment gives you topical workout instructions and some even come with QR codes.

Scan these codes with your cell phone or tablet and watch the exercises on YouTube.

Here's how it functions – in 3 steps only and free of charge:

1. Download the QR Code Reader in Apple Store or Play Store (Android)
2. Scan the codes
3. You will be directed to the desired page

Check it out right now:



As an alternative, you may use the PC for our guests, found opposite.
Click the button "Fitness / gym".
We have set it up all ready for you.

Have fun doing your workout!